

# Pre-Procedure Instructions

**\*\*\*The facility will notify you of time to arrive and time of procedure\*\*\***

## Anesthesia instructions

### Monitored Anesthetic Care (MAC/sedation)

- ) Nothing to eat or drink after midnight the night before the procedure.
- ) **\*\*\*RIDE HOME IS NECESSARY\*\*\***

### Local Anesthetic

- ) Eat a light breakfast the morning of the procedure and then fast until procedure.
- ) You may drive yourself home after the procedure.

### Medication Instructions

- ) No aspirin-containing medications or non-steroidal anti-inflammatory medications for seven (7) days prior to procedure – see Medications to Avoid sheet.
- ) Take your regular morning medications with a sip of water the morning of the procedure.
- ) Diabetics – hold your morning diabetic medications and bring them with you to the facility. Follow the instructions of the doctor/nurse at the facility.
- ) Pump/Spinal Cord Stimulator Trial/Implant – Fill the provided antibiotic prescription before the procedure. You will begin it on arrival home after the procedure.
- ) If you are allergic to shellfish, you will be provided with a prescription for 20mg tablets of prednisone. Take two tabs 12 hours prior to the procedure and two tabs on arrival to the procedure. Take two 25mg tabs of Benadryl and one 150mg tab of Zantac with each prednisone dose. Benadryl and Zantac are available over the counter.

### Pre-admission Testing

- ) If you are on Coumadin (warfarin) the doctor will provide you with a prescription to have a PT/INR test performed the day before the procedure. Have the results faxed to the facility.

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