

# FREQUENTLY ASKED QUESTIONS

## **How does the procedure work?**

There is a temporary trial procedure, or a “test drive,” which usually lasts 5-7 days. If this successfully reduces your pain, you and your doctor will discuss a more permanent implant.

## **Will I feel anything?**

You should not feel anything. Unlike traditional spinal cord stimulation systems, HF10 therapy does not create a tingling or buzzing sensation, known as paresthesia.

## **Is the trial procedure reversible?**

Yes, the leads can be easily removed.

## **Can I turn the device off if I need to?**

Yes, you will have control over your therapy and can turn it off using your trial stimulator or remote control.

## **Can I travel with an SCS system?**

Traveling is simple and easy for SCS patients. If the patient needs to go through a security screening device, such as those found at the airport, he or she should request assistance to bypass the screening device since they have an implanted device.

**For more information on HF10 therapy, talk to your doctor.**

# KEY CRITERIA

Have you experienced pain in your upper limb(s) from any one of the following conditions?

- o Cervical fusion surgery
- o Diabetic neuropathy
- o Brachial plexus stretch/avulsion injury
- o Complex regional pain syndrome (CRPS) or Reflex sympathetic dystrophy (RSD)?

Are you 18 years of age or older as of today?

IF YOU HAVE ANSWERED YES TO THE QUESTIONS ABOVE, YOU MAY BE INTERESTED IN TAKING PART IN A RESEARCH STUDY FOR YOUR ARM OR LEG PAIN.

For more information or to find out if this study is suitable for you, please contact the investigator below:

PI Name

address

phone number

Ask for contact

#### References:

1. Smet I, Van Buyten JP, Al-Kaisy A. European Prospective Study with the Nevro Implantable System. Presentation at North American Neuromodulation Society 2010 Meeting.
2. Al-Kaisy A, Van Buyten JP, Smet I, Palmisani S, Pang D, Smith T. (2014, eprint 2013). Sustained Effectiveness of 10 kHz High-Frequency Spinal Cord Stimulation for Patients with Chronic, Low Back Pain: 24-Month Results of a Prospective Multicenter Study. Pain Medicine 2014; 15: 347-354
3. Kapural L, Gliner B, Amirdelfan K, Yearwood T, & Yang T. (2015). Novel 10-kHz High-frequency Therapy (HF10 Therapy) Is Superior to Traditional Low-frequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain. Anesthesiology, 123(4).

**Indications of Use:** Nevro's Senza SCS system is intended to aid in the management of chronic, intractable pain of the trunk and/or limbs, including unilateral or bilateral pain associated with the following: Failed back surgery syndrome, intractable low back pain, leg pain.

**Contraindications:** Nevro's Senza SCS system should not be used if: You are unable to operate the spinal cord stimulation system. You are a poor surgical risk.

**Warnings, precautions and side effects:** Refer to the Patient Manual prior to use and consult your physician.



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MDSS GMBH  
Schiffgraben 41  
D-30175 Hannover,  
Germany

Australian Sponsor:  
Emergo Asia Pacific Pty Ltd  
201 Sussex Street, Darling Park,  
Tower II, Level 20  
Sydney, NSW 2000  
Australia

#### Nevro Corp.

1800 Bridge Parkway  
Redwood City, CA 94065 USA  
www.nevro.com  
Tel. 1.650.251.0005  
Toll-free 1.888.956.3876

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# STUDY

A Multi-Center, Prospective, Clinical Trial of  
the Senza™ Spinal Cord Stimulation (SCS)  
System in the Treatment of Chronic Pain of the  
Upper Extremities



# BACKGROUND ON CHRONIC PAIN AND SPINAL CORD STIMULATION

If you suffer from pain, you are not alone. Pain is the most common reason for physician visits in Europe and the United States. Living with severe pain can significantly interfere with your quality of life. There are many treatment options for chronic pain and your physician may recommend different treatments depending on the type of pain and severity of pain.

Spinal cord stimulation (SCS) is a proven therapy that offers a treatment option for chronic pain. SCS uses electrical pulses to interrupt pain signals, resulting in pain relief. Hundreds of thousands of people with chronic pain have received relief with spinal cord stimulation.

## NEVRO'S SENZA SYSTEM, DELIVERING HF10™ THERAPY

Nevro's Senza spinal cord stimulation (SCS) system, delivering HF10 therapy, is intended to aid in the management of chronic intractable pain of the trunk and/or limbs. Through numerous clinical studies, HF10 therapy demonstrated a number of key benefits.<sup>1,2</sup>

- Significant reduction in pain of the trunk and/or limbs.
- Pain relief without paresthesia, a buzzing sensation that traditional SCS systems generate in order to provide pain relief. Majority of patients find the buzzing sensation uncomfortable.
- Reduction of opioid use.

This investigational study is evaluating the Senza SCS system to treat subjects with peripheral polyneuropathy of the upper or the lower limb(s).



## OVERVIEW OF SCS SYSTEM

The key components of a rechargeable SCS system are leads, an implantable pulse generator (IPG), patient remote control, and a portable charging system.

- **LEADS:** Thin wires that deliver precise pulses from the IPG to the spinal cord.
- **IMPLANTABLE PULSE GENERATOR (IPG):** A small, implantable device that features a rechargeable battery and other electronics that deliver the pulses to the leads. The pulse generator is placed surgically under the skin, usually in the buttock or the abdomen.
- **REMOTE CONTROL:** Allows the patient to turn the system on and off and adjust stimulation within parameters set by physicians.
- **CHARGER:** The mobile charger is used by the patient to recharge the IPG battery after it is implanted.

# HF10 THERAPY PROCEDURE OVERVIEW

## TRIAL PHASE

SCS therapy offers an evaluation period: a candidate for SCS can test-drive the therapy during the evaluation period using a temporary external system.

To trial the therapy, a minor surgical procedure will be performed to place the leads in the back. The leads are then connected to an external pulse generator that is worn on a belt typically for 5-7 days (usually no more than 14 days). During this period, the system's programs are adjusted to best alleviate the patient's pain.

After the trial, the candidate will report to the doctor how much pain relief was felt. Together, the candidate and doctor can decide if SCS therapy is something they would like to continue to receive.

## PERMANENT PHASE

If you and your doctor decide to proceed with SCS, receiving an SCS implant is the next step. This requires another minor, reversible surgical procedure to place the implantable pulse generator (IPG), beneath the skin.

TRIAL PHASE						
TIME POINT	DATE	TIME	PROGRAM USED	NUMBER OF GREEN LIGHTS FOR	PAIN RATING FOR	SUBJECTING FOR
SAT 1 MORNING						
EVENING						
SAT 2 MORNING						
EVENING						
SAT 3 MORNING						
EVENING						
SAT 4 MORNING						
EVENING						
SAT 5 MORNING						
EVENING						

  

PERMANENT PHASE						
TIME POINT	DATE	TIME	PROGRAM USED	NUMBER OF GREEN LIGHTS FOR	PAIN RATING FOR	SUBJECTING FOR
SAT 6 MORNING						
EVENING						
SAT 7 MORNING						
EVENING						
SAT 8 MORNING						
EVENING						
SAT 9 MORNING						
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