

# Post-operative Instructions

## *Spinal Cord Stimulator Implant*

1. Begin antibiotic prescription on arrival home. Finish all of the medication.
2. **INCISION CARE**
  - ) Remove dressing 48 hours after procedure
  - ) Wash incision with soap and water
  - ) Pat dry
  - ) Cover with dressing
3. Sponge bath only for 48 hours after the procedure then **SHOWER DAILY**  
**NO TUB BATHS, HOT TUBS, OR BEACHES**
4. **DO NOT** bend at the waist or twist suddenly.
5. **DO NOT** raise arms above shoulders.
6. **DO NOT** sleep on stomach
7. **DO NOT** drive with stimulator on. You may ride in the car as a passenger with the stimulator on.
8. Increase the amplitude setting slowly (one unit at a time).

### **Notify Dr. Rosen, Dr. Ferrara, or Dr. Bromberg with any of the following**

- ) Temperature above 100 degrees
- ) Drainage, swelling or redness at any incision site
- ) Onset of **NEW** back pain
- ) Onset of leg weakness
- ) Change in bowel or bladder function

**Call 267-288-5601 or 215-489-9170 with any questions**

**Keep follow up appointment.**

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